

Hidden Pearl'



Louise Tremblay

2 days / 16 hours
Prerequisite: Module 8

Tom Bowen had this innate intelligence that guided him to understand the body with his hands. He used this gift to develop the procedures that would help the body to reset and rebalance itself.

The 'Hidden Pearls' are the explanation of the Bowen procedures with an anatomical view: not only will we see the musculoskeletal anatomy, but also the relation of the moves with the fasciae, the nervous system and the lymphatic system.

The understanding of the body in the hands of the therapist necessarily passes through palpation of the body, with a clear picture in mind of what we are touching. Each move will be presented first with a power point presentation and then practiced with an emphasis on the palpation of the body.

We will also use tools like colour pencils to draw in the 220 pages instruction manual given to every student.

Finally, videos on skin and fascia will complete the mental picture of the fasciae that a bodywork therapist needs to develop in order to feel better and work better.

Examples of class feedback:

'Hidden Pearls was excellent! The material brought new insight into the anatomical and physiological connections of the moves to the results that we often see in Bowen. All in all, if Hidden Pearls was available when I first encountered Bowen training I would not have delayed in getting the training but would have jumped right in. This was the missing link I was looking for.'

Dr. Renée Langdon, ND, Scarborough ON

'I gained such an understanding on just what the moves influence - like opening a window curtain: the light and breeze comes through the curtains, but when pushed back, so much is revealed. This is what this course did for me.'

Julie Stevenson-Demeester, Burlington ON

'This was the very best Bowen Course that I have taken so far. Louise has the knowledge, insight and experience to teach Tom Bowen's work and take it to a whole new level of understanding. Her presentation is in a calm, deliberate and intelligent format, which shows her passion for the Bowen

work. This is the kind of information that I have been waiting for... for a long time. I truly believe that this workshop should be mandatory for all Bowen Practitioners and especially for all Bowen Instructors.'

Liz Corbett, Acton ON

'This course has changed the way I do Bowenwork. The combination of the increased sensitivity of my hands and the increased knowledge and awareness has given me a deeper respect for the body I am working on. I am now working with the body rather than doing a move on the body. I have seen a difference in the effects immediately with my patients on the first day that I returned to work.'

Janet Riley, Belleville ON

'Hidden Pearls was absolutely fantastic. It helped me see the wider perspective and get me out of thinking too specifically. It brought me back to the whole body. In so doing it has helped free my thinking, and I'm sure become more creative in the process - thinking outside the box. Louise's practical, down to earth attitude along with the depth of her knowledge fosters the desire to see more and connect with the body on so many levels. Invaluable and inspiring.'

Barbara Gordon, Toronto ON
