

Bowen for People Living with Cancer



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2 days / 16 hours

Prerequisite: Module 8

- Explore the basic physiology of cancer, metastasis, and eliminate concerns that Bowenwork could spread cancer by increasing client's circulatory systems.
- Understand current health trends and why people living with cancer seek complementary and alternative medicine (CAM) modalities such as Bowenwork for support, and how Bowenwork can benefit PLWC.
- Develop an understanding of, and guidelines for, how Bowenwork practitioners need to be sensitive to PLWCs' needs and symptoms when applying pressure to soft-tissue and moveable joints.
- Demonstrate an increased awareness for, and ability to work with, clients with compromised immune systems, skin fragility, lymphoedema, fatigue and feeling unwell.
- Formulate Bowenwork session plans to address pain, discomfort, vital organ function, fatigue, and reduce lymphoedema and thrombosis risks.
- Position clients for comfort and symptom relief, and not aggravate symptoms.
- Adapt Bowenwork sessions to support clients undergoing cancer treatments such as chemotherapy, surgery, and radiation therapy, implanted medical devices, immune-suppression, and important hygiene considerations.
- Apply Bowenwork as an effective form of therapeutic touch to support the psychosocial needs of people living with cancer, in addition to their physical needs.
- Communicate confidently and clearly with consumers and other health care professionals about the benefits of Bowenwork for people living with cancer.
- Become aware of using humour as a therapeutic tool and encouraging PLWC to adopt healthy lifestyle practices.
- Communicate effectively with clients' physicians and allied healthcare practitioners.
- Become aware of research and case-studies on Bowenwork for people living with cancer.

® [Tips and precautions for Bowenwork practitioners](#): Throughout this manual, tips and suggestions will be offered to highlight points that Bowenwork practitioners need to pay careful attention to, or can use to expand their support for people living with cancer.

Important Disclaimer

The information contained within this manual is not to be construed as medical advice. It is intended to serve as a guide to stimulate ideas for Professional Bowenwork Practitioners working with people living with cancer. The practitioner must always consider his/her boundaries, and not exceed his/her scope of practice.